



**NEW GILLIBRAND REPORT: NEARLY 60 PERCENT OF NEW YORKERS OVERWEIGHT**

*Obesity Resulting in Higher Health Care Costs – More than \$100 Billion Each Year*

*According to the Centers for Disease Control and Prevention (CDC), over the last 30 years, obesity has doubled among American children ages 6 to 11 – from 6.5 percent to 17 percent. In the same timeframe, obesity among 12 to 19-year-olds has more than tripled – from 5 percent to nearly 18 percent. A new report from Senator Gillibrand’s office shows that nearly 60 percent of New York adults are overweight or obese – a condition that costs the U.S. over \$100 billion in health care costs each year.*

**County Statistics for New York City:**

In New York City, 55 percent of adults are overweight or obese.

COUNTY	PERCENT OF ADULTS OVERWEIGHT/OBESE	TOTAL OBESE/OVERWEIGHT ADULTS
BRONX	62.7%	586,419
KINGS	58.6%	1,056,457
NEW YORK	42.3 %	541,135
QUEENS	57.6%	990,809
RICHMOND	57.7%	190,681

**County Statistics for Western New York:**

In Western New York, 60 percent of adults are overweight or obese.

COUNTY	PERCENT OF ADULTS OVERWEIGHT/OBESE	TOTAL OBESE/OVERWEIGHT ADULTS
ALLEGANY	57.4%	21,659
CATTARAUGUS	64.4%	39,923
CHAUTAUQUA	64.4%	67,954
ERIE	57.5%	413,836
NIAGARA	60.1%	99,531
WYOMING	57.4%	18,931

**County Statistics for the Rochester-Finger Lakes Region:**

In the Rochester-Finger Lakes Region, 59 percent of adults are overweight or obese.

COUNTY	PERCENT OF ADULTS OVERWEIGHT/OBESE	TOTAL OBESE/OVERWEIGHT ADULTS
GENESEE	64.2%	28,659
LIVINGSTON	60.5%	29,805
MONROE	59.3%	324,423
ONTARIO	60.5%	45,223
ORLEANS	64.2%	20,937
SENECA	59.2%	14,841
TOMPKINS	51.6%	40,354
WAYNE	59.2%	40,286
YATES	58.7%	10,597

**County Statistics for Central New York:**

In Central New York, 59 percent of adults are overweight or obese.

COUNTY	PERCENT OF ADULTS OVERWEIGHT/OBESE	TOTAL OBESE/OVERWEIGHT ADULTS
CAYUGA	59.2%	36,349
CORTLAND	51.6%	19,140
HERKIMER	62%	30,216
MADISON	62%	32,323
ONEIDA	61.7%	110,582
ONONDAGA	59.5%	202,452
OSWEGO	61.7%	29,432

**County Statistics for the Southern Tier:**

In the Southern Tier, 61 percent of adults are overweight or obese.

COUNTY	PERCENT OF ADULTS OVERWEIGHT/OBESE	TOTAL OBESE/OVERWEIGHT ADULTS
BROOME	60.3%	93,128
CHEMUNG	63.3%	43,588
CHENANGO	62%	23,523
DELAWARE	61%	22,552
OSTEGO	61%	54,674
SCHUYLER	63.3%	9,084
STEUBEN	58.7%	42,867
TIOGA	63.3%	23,913

**County Statistics for the Capital Region:**

In the Capital Region, 59 percent of adults are overweight or obese.

COUNTY	PERCENT OF ADULTS OVERWEIGHT/OBESE	TOTAL OBESE/OVERWEIGHT ADULTS
ALBANY	54%	123,168
COLUMBIA	58.8%	28,171
FULTON	61.2%	25,328
GREENE	58.8%	21,817
MONTGOMERY	61.2%	22,977
RENSSELAER	59.1%	68,300
SARATOGA	58.6%	88,127
SCHENECTADY	60.7%	67,312
SCHOHARIE	61%	14,648
WASHINGTON	60.2%	27,700

**County Statistics for the North Country:**

In the North Country, 62 percent of adults are overweight or obese.

COUNTY	PERCENT OF ADULTS OVERWEIGHT/OBESE	TOTAL OBESE/OVERWEIGHT ADULTS
CLINTON	56.7%	34,897
ESSEX	56.7%	17,006
FRANKLIN	56.7%	22,390
HAMILTON	62.9%	2,717
JEFFERSON	67.7%	55,625
LEWIS	67.7%	13,168
ST. LAWRENCE	67.7%	58,026
WARREN	60.2%	28,963

**County Statistics for the Hudson Valley:**

In the Hudson Valley, 57 percent of adults are overweight or obese.

COUNTY	PERCENT OF ADULTS OVERWEIGHT/OBESE	TOTAL OBESE/OVERWEIGHT ADULTS
DUTCHESS	57.1%	119,843
ORANGE	60.4%	146,295
PUTNAM	57.1%	40,182
ROCKLAND	60.4%	124,706
SULLIVAN	57.1%	31,698
ULSTER	57.1%	77,643
WESTCHESTER	53.6%	371,267

**County Statistics for Long Island:**

On Long Island, 54 percent of adults are overweight or obese.

COUNTY	PERCENT OF ADULTS OVERWEIGHT/OBESE	TOTAL OBESE/OVERWEIGHT ADULTS
NASSAU	52.10	523,847
SUFFOLK	57.00	598,094

\*Statistics derived from population 18 and older from the New York State Department of Health and U.S. Census Bureau County Population numbers.